

2021 EMH OB/GYN Grand Rounds

Hypertension in Pregnancy – Management/Protocols and Biomarkers

Speaker(s): Sarosh Rana, MD

Date(s): September 10, 2021 (Immediately preceding the Department of Pediatrics Meeting)

Time(s): 8:00 AM – 9:00 AM

Place: EMH OakRoom/Webinar

Registration*: Registration required for all CME events. CLICK HERE TO REGISTER

*Due to requirements of our CME accreditation, credits are not applied to transcripts

for unregistered participants or participants that do not complete the required

evaluations.

High blood pressure, also called hypertension, is the most common medical problem encountered during pregnancy, complicating up to 10% of pregnancies. Woman who have chronic hypertension can also develop preeclampsia in the second or third trimester of their pregnancy. Preeclampsia happens to 1 in 25 pregnancies in the United States. It can be a serious medical condition and needs to be treated to make sure it doesn't get worse. High blood pressures can occur postpartum and usually develop within the first 48 hours after childbirth but can sometimes develop up to 6 weeks or later. This activity will help improve knowledge of providers about the diagnosis and treatment of hypertension during pregnancy, management of preeclampsia and postpartum hypertension.

Program Objectives: At the conclusion of this live activity, participants should be able to:

- 1. Describe the pathophysiology of preeclampsia.
- 2. Identify the basic management strategies for preeclampsia and postpartum hypertension.
- 3. Discuss the role of biomarkers in diagnosis and prediction of preeclampsia.

Edward-Elmhurst Health designates this live activity for a maximum of **1.0** *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Edward–Elmhurst Health is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.

As a reminder: Edward-Elmhurst Health is accredited to provide AMA PRA Category 1 Credit™ and tracks only Category 1 credit provided to physicians credentialed within the system. Only physicians are eligible to be awarded AMA PRA Category 1 Credit™. The AMA defines physicians as those individuals who have obtained an MD, DO or equivalent medical degree from another country. No other healthcare providers may be awarded AMA PRA Category 1 Credit™. However, accredited CME providers, such as Edward-Elmhurst Health, may issue documentation of participation to non-physicians that states the activity was certified for AMA PRA Category 1 Credit™. It is the responsibility of the non-physician provider to obtain his/her certificate and track those hours.

